Commitment is doing what you say you’ll do. This, in itself, is very powerful. When you say that you’ll do something, you’ve already completed 50% of the objective. This is where the power of the commitment begins. It’s true that there are certain people that exist that commit to do something and they don’t end up doing it, instead they begin blaming the weather, the neighbor, and even the dog. It is necessary for a man to establish commitments, first of all, with God; second of all, with he himself, and finally with other people. You can’t live life without commitment. The certain thing is that when you establish a commitment is simply powerful. The first question is: How do I carry out my commitment? How do I do what I said I was going to do?

Now, we will look at everything that you need to establish a commitment.

First of all, in order to complete a commitment determination is needed. Determination is simply a thought in your mind that drives you and that doesn’t let you give up, but it makes you keep going. If a man believes he can, then he can. If a man believes he can’t, then he really can’t. The famous Og Mandino said, “Failure will never come upon us if our decision to reach success is sufficiently powerful.” When a human being has the type of determination that David had when he defeated Goliath, which Daniel had when he decided not to contaminate himself with the food of the king, then, there can be no one, or anything that can stop them. “I am able to do anything in Christ who strengthens me… in God we will do exploits…”

Second of all, to be able to complete a commitment there must be a reward. A reward is a spring that moves the mind, the will, and the feelings of the human being and is constituted in a motivation that makes you willing to pay any price. There is no commitment, if there is no reward. No athlete submits to a discipline if he doesn’t plan to win. No person begins to study rigorously without thoughts of the day of their graduation. No human being accepts Christ without thinking of the day they will stand before God. The reward of Joshua was the conquest of the Promised Land; the reward of David was prestige that he acquired before the city; and the reward of Paul was to see the grand expansion of Christianity among the Roman Empire. It’s important to know that commitment motivated by the spirit is much more powerful than that motivated by money. One thing is doing something for money, and another thing is doing something completely motivated by the spirit. When a commitment is made, there is always a reward to reap.

Finally, in order to complete a commitment it is necessary to focus on it. You can’t look back. The Bible speaks about this subject, “No one that puts its hand on the plow and looks behind him is eligible for the kingdom of the Heaven.” We can’t go to the Promised Land having Egypt in mind. We can’t go up against Goliath while thinking of how to solve a different pending problem. We can’t put our eyes on Christ, while thinking of the world. When we have a commitment, we must focus on doing anything and everything to complete it. Focusing on it, is putting your eyes on it. With this kind of attitude, no one can go wrong. The central focus of a human being should be Jesus. It is in Him, first, which we should focus on, then all the other branches; such as, family, the ministry, minor commitments, in others.

To finish off, I’ll sadly say that there are many people that walk through this world without any kind of commitments. To them, life is something to pass time with that
should be enjoyed completely. They marry without any real commitment, and end up getting divorced. They start a relationship, but end it with hostility. They get a job, but end up fired. They received something, but end up with nothing. They start things, but never finish. They waste what they don’t have. They make promises that they know they can’t keep. Are you that type of person? I ask you, in this occasion, to change from the path of failure to the path of success. I invite you to acquire a commitment that will change your life forever. Remember that commitment is doing what you say you’ll do. I invite you give your life to Jesus and to commit to following his word and walk in his will. I assure you with my experience of many years, that it will change your life and your family’s life forever. Don't forget the three key words: **Determination, Reward, and Focus.**